

# **BUILDING LIFE CYCLE REPORT**

Development at Parkside 4



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## **Table of Contents**

INTROD	UCTION	1
PROPOS	SED DEVELOPMENT	2
SECTION	N 01	3
1.1.	Property Management of the Common Areas of the development	
1.2.	Service Charge Budget	
SECTION	N 02	
2.1.	Energy and Carbon Emissions	
2.2.	Materials	
2.2		
2.2	.2. Material Specification	
2.3.	Landscape	
2.4.	Waste Management	10
2.5.	Health & Well Being	
2.6.	Management	11
2.7.	Transport	
	DIX A:	
ADDENID		16



#### INTRODUCTION

The Sustainable Urban Housing; Design Standards for New Apartments — Guidelines for Planning Authorities were published in March 2018 (hereafter referred to as the Apartment Guidelines). The Apartment Guidelines introduced a requirement to include details on the management and maintenance of apartment schemes. This is set out in Section 6.11 to 6.14 - "Operation & Management of Apartment Developments", specifically Section 6.13.

Section 6.13 of the Apartment Guidelines 2018 requires that apartment applications shall:

"shall include a building lifecycle report, which in turn includes an assessment of long term running and maintenance costs as they would apply on a per residential unit basis at the time of application"

"demonstrate what measures have been specifically considered by the proposer to effectively manage and reduce costs for the benefit of residents."

This Building Life Cycle Report document sets out to address the requirements of Section 6.13 of the Apartment Guidelines. The report is broken into two sections as follows:

#### Section 01:

An assessment of long term running and maintenance costs as they would apply on a per residential unit basis at the time of application

#### Section 02:

Measures specifically considered by the proposer to effectively manage and reduce costs for the benefit of residents.



#### PROPOSED DEVELOPMENT

The proposed development will comprise a residential scheme 282 residential units in 4 apartment blocks ranging in height from 3 to 7 storeys in height. The development will include 94 no. 1 bed apartments, 8 no. 2 bed (3 person) apartments, 167 no. 2 bed apartments (4 person) and 13 no. 3 bed apartments. Apartments will have north/south/ east/ west facing balconies/ terraces. The proposed development also includes residential amenity facilities (530sqm) incorporating concierge, media centre, and gymnasium. 277 no. car parking and 289 no. cycle parking spaces will be provided in the basement along with basement stores, plant, waste management areas, motor bike spaces and EV charging points. There will be an additional 134 no. surface cycle parking for visitors along with 9 no. surface car parking.

The proposed development provides for the continuation and completion of the Mayne River Linear Park as well as public open space and communal open spaces between the buildings.

Vehicular access is from Parkside Boulevard. Pedestrian and cycle access are from Mayne River Park, Balgriffin Road and Parkside Boulevard.

All associated site development works (including site re-profiling), landscaping, boundary treatments and services provision including ESB substations.

.



#### **SECTION 01**

AN ASSESSMENT OF LONG TERM RUNNING AND MAINTENANCE COSTS AS THEY WOULD APPLY ON A PER RESIDENTIAL UNIT BASIS AT THE TIME OF APPLICATION

#### 1.1. Property Management of the Common Areas of the development

A property management company will be engaged at an early stage of the development to ensure that all property management functions are dealt with for the development and that the running and maintenance costs of the common areas of the development, including communal areas of open space, residential amenity facilities and any public areas not taken in charge by the local authority, are kept within the agreed Annual operational budget.

The property management company will enter into a contract directly with the Owners Management Company (OMC) for the ongoing management of the built development. This contract will be for a maximum period of 15 years and in the form prescribed by the PSRA.

The Property Management Company also has the following responsibilities for the apartment development once constructed:

- Timely formation of an Owners Management Company (OMC) which will be a company limited by guarantee having no share capital. All future purchasers will be obliged to become members of this OMC.
- Preparation of annual service charge budget for the development common areas.
- Fair and equitable apportionment of the Annual operational charges in line with the Multi Units Development Act 2011 (MUD Act).
- Engagement of independent legal representation on behalf of the OMC in keeping with the MUD Act including completion of Developer OMC Agreement and transfer of common areas.
- Transfer of documentation in line with Schedule 3 of the MUD Act.
- Estate Management.
- Third Party Contractors Procurement and management.
- OMC Reporting.
- Accounting Services.
- Corporate Services.
- Insurance Management.
- After Hours Services.
- Staff Administration.

#### 1.2. Service Charge Budget

The property management company has a number of key responsibilities, primarily the compiling of the service charge budget for the development for agreement with the OMC. The service charge budget covers items such as cleaning, landscaping, refuse management, utility bills, insurance, maintenance of mechanical/electrical lifts/ life safety systems, security, property management fee, etc., to the development common areas in accordance with the Multi Unit Developments Act 2011 ("MUD" Act).



This service charge budget also includes an allowance for a Sinking Fund and this allowance is determined following the review of the Building Investment Fund (BIF) report prepared for the OMC. The BIF report once adopted by the OMC, determines an adequate estimated annual cost provision requirement based on the needs of the development over a 30-year cycle period. The BIF report will identify those works which are necessary to maintain, repair, and enhance the premises over the 30-year life cycle period, as required by the Multi Unit Development Act 2011.

In line with the requirements of the MUD Act, the members of the OMC will determine and agree each year at a General Meeting of the members, the contribution to be made to the Sinking Fund, having regard to the BIF report produced.

A sample format of the typical BIF report is set out in Appendix A.

Note: the detail associated with each element heading i.e. specification and estimate of the costs to maintain / repair or replace, can only be determined after detailed design and the procurement/construction of the development and therefore has not been included in this document.



## **SECTION 02**

MEASURES SPECIFICALLY CONSIDERED BY THE PROPOSER TO EFFECTIVELY MANAGE AND REDUCE COSTS FOR THE BENEFIT OF RESIDENTS.

## 2.1. Energy and Carbon Emissions

The following are an illustration of the energy measures that are planned for the units to assist in reducing costs for the occupants.

Measure	Description			Benefit	
BER Certificates	the proposed de of the dwellings. heating, ventilat rating for the ap	gy Rating (BER) certificate will be provided for each dwelling in evelopment which will provide detail of the energy performance.  A BER is calculated through energy use for space and hot water tion, and lighting and occupancy. It is proposed to target an A2 partments this will equate to the following emissions.  /m2/yr with CO2 emissions circa 10kgCO2/m2 year		Higher BER ratings reduce energy consumption and running costs.	
Efficiency  The U-value the current L "Conserva regulation is 2019 and a funder this prelevant reg period.  U-values  The U-Value exceed the appropriate		rerformance  ing investigated will b latory requirements of of Fuel and Energy Bu t L 2011 but this will b sitional period of 12 m ning permission will b ion, as may be approp	of the Technical Guida ildings other than Dw e superseded by Pari nonths will commence e designed and constraints, in accordance or the dwellings in the in Part L 2011 or Pari the minimum requ	ance Documents Part vellings". The current t L 2019 in November e. The dwellings built structed to meet the with the transitional his development will art L 2019 as may be uirements of each of	Lower U-values and improved air tightness is being considered to help minimise heat losses through the building fabric, lower of energy consumption and thus minimise carbon emissions to the environment.
	U-Values	Range of Target Values Proposed	Part L 2011 Compliant Values	Part L 2019 Compliant Values	
	Floor	0.10 to 0.18 W/m2K	0.21W/m2K	0.18 W/m2K	
	Roof (Flat)	0.15 to 0.20 W/m2K	0.20 W/m2K	0.20 W/m2K	
	Walls	0.12 to 0.18 W/m2K	0.18 W/m2K	0.18 W/m2K	
	Windows	1.2 to 1.5 W/m2K	1.6 W/m2K	1.4 W/m2K	
	Thermal Bridgin	<b>g</b> s occur at junctions b	petween planar elem	nents of the building	



Measure	Description	Benefit
	fabric and are typically defined as areas where heat can escape the building fabric due to a lack of continuity of the insulation in the adjoin elements.  Careful design and detailing of the manner in which insulation is installed at these junctions can reduce the rate at which the heat escapes. Standard good	
	practice details are available and are known as Acceptable Construction  Details (ACDs). Adherence to these details is known to reduce the rate at  which heat is lost.	
	The rate at which heat is lost is quantified by the Thermal Bridging Factor of the dwelling which is entered into the overall dwelling Part L calculation.	
	It is intended that all building junctions will either be designed in accordance with the Acceptable Construction Details (issued by The Department of the Environment) or that thermal modelling will be carried out for all thermal bridges on the dwellings within proposed development. The resultant Thermal Bridging Factor will be in the range of 0.04W/m2K to 0.08W/m2K.	
	Air Tightness  A major consideration in reducing the heat losses in a building is the air infiltration. This essentially relates to the ingress of cold outdoor air into the building and the corresponding displacement of the heated internal air. This incoming cold air must be heated if comfort conditions are to be maintained. In a traditionally constructed building, infiltration can account for 30 to 40 percent of the total heat loss, however construction standards continue to improve in this area.	
	In order to ensure that a sufficient level of air tightness is achieved, air permeability testing will be specified carried out on all dwellings. A design air permeability target of 2 m3/m2/hr has been identified for the apartments and houses on the site.	
Energy Labelled White Goods	The white good package planned for provision in the apartments will be of a very high standard and have a high energy efficiency rating. It is expected that the below appliance ratings will be provided:  Oven - A plus Fridge Freezer - A plus Dishwasher - AAA Washer/Dryer - B	The provision of high rated appliances in turn reduces the amount of electricity required for occupants.
External Lighting	The proposed lighting scheme within the development consists of range of luminaires, each selected to suit the specific location on the site. All fittings selected will be LED and will be mounted on columns ranging in height from 4m to 6m.	The site lighting will be designed to provide a safe environment for pedestrians, cyclists and moving vehicles, to
	<ul> <li>3000K CCT LED to minimise impact on wildlife</li> <li>High efficiency 119 lm/W</li> <li>Zero Upward Light Output Ratio (ULOR)</li> <li>Intelligent lighting control systems provided along pedestrian routes in sensitive woodland areas</li> <li>Shading louvres included on light fittings adjacent to the most sensitive areas of the site.</li> <li>Meets or exceeds all other WCC Specification criteria.</li> </ul>	deter anti-social behaviour and to limit the environmental impact of artificial lighting on existing flora and fauna in the area.
	Each light fitting shall be controlled via an individual Photoelectric Control Unit (PECU). The operation of the lighting shall be on a dusk-dawn profile.	



The following are **Low energy technologies** that are being considered for the development and during the design stage of the development the specific combination from the list below will be decided on and then implemented to achieve the A2/A3 BER Rating.

Measure	Description	Benefit
Condensing Boilers	If gas fired heating is adopted, condensing boilers will be provided as they have a higher operating efficiency, typically over 90%, than standard boilers and have the benefit of lower fuel consumption resulting from the higher operating efficiencies.	<ul> <li>Condensing boilers use the heat losses from the boiler flue to preheat the circulating heating water</li> <li>By preheating the heating water, the boiler can achieve efficiencies in excess of 90%</li> </ul>
Demand Controlled Mechanical Ventilation	Centralised mechanical ventilation will be provided to all dwellings to ensure that the air quality within the dwellings will be adequate. The system will be designed to respond to occupancy usage patterns and to humidity levels within the dwelling.	Mechanical ventilation provides enhanced air quality in modern air tight dwellings which are otherwise designed to minimise unwanted air infiltration
PV Solar Panels	PV Solar Panels will be considered as an option for both houses and apartments in order to meet the renewable energy contribution required by Part L of the Building Regulations. These panels convert sunlight into electricity which can be used within the dwelling.  The panels are typically placed on the South facing side of the building to maximise the solar exposure.	PV Solar Panels offer the benefit of reducing fossil fuel consumption and carbon emissions to the environment.  They also reduce the overall requirement to purchase electricity from the grid.
Air Source Heat Pump	As part of the overall energy strategy for houses, the use of Air Source Heat Pumps will be assessed to determine their technical and commercial feasibility.  These systems extract heat energy from the outside air and, using a refrigerant cycle, raise the temperature of the heat energy using a refrigerant vapour compression cycle.  For apartments, there are products which incorporate air source heat pump technology but which do not require the traditional "outdoor unit" making them suitable for apartments. These are general referred to as "Exhaust Air Heat Pumps" and are capable of extracting energy from the air within the apartment through a ducting system.	Air source heat pumps use electrical energy from the grid to drive the refrigerant cycle but do so extremely efficiently. Modern heat pumps will typically provide 4 to 5 times more heat energy to the dwelling than the electrical energy they consume.
ECAR Charging Points	Within the basement parking areas, ducting shall be provided from a local landlord distribution board to designated E-car charging car park spaces. This will enable the management company the option to install a number of E-car charging points within the basement carpark to cater for E-car demand of the residence. Ducting and on street infrastructure will also be considered for the housing development to provide EV charging facilities in on-street parking spaces. This system operates on a single charge point access card. A full re-charge can take from one to eight hours using a standard charge point. Furthermore, all houses with on-curtilage parking will be wired to allow future installation of EV charging points by house purchasers.	Providing the option of E-car charging points will futureproof the development



#### 2.2. Materials

The practical implementation of the Design and Material principles has informed design of building facades, internal layouts and detailing of the proposed buildings.

#### 2.2.1.Buildings

All proposed buildings are designed in accordance with the Building Regulations, in particular Part D 'Materials and Workmanship', which includes all elements of the construction. The Design Principles and Specification are applied to both the apartment units and the common parts of the building and specific measures taken include:

Measure Description	Benefit
Openable window sections are provided to all stair cores within the development providing natural daylight to circulation areas.	Avoids the requirement for continuous artificial lighting
Openable window sections are provided to all stair cores within the development providing Natural/Passive ventilation to common circulation areas.	Openable window sections are provided to all stair cores within the development providing natural daylight and ventilation throughout all common areas. Avoids costly mechanical ventilation systems and associated maintenance and future replacement.
Natural ventilation though grills, louvres and tree pits are proposed to provide fresh air to basement and sub-basement areas.	Avoids costly mechanical ventilation systems and associated maintenance and future replacement
External paved and landscaped areas	All of these require low/minimal maintenance

#### 2.2.2. Material Specification

Measure Description	Benefit
Consideration is given to the requirements of the Building Regulations and includes reference to BS 7543:2015, 'Guide to Durability of Buildings and Building elements, Products and Components', which provides guidance on the durability, design life and predicted service life of buildings and their parts.	Ensures that the long-term durability and maintenance of Materials is an integral part of the Design and Specification of the proposed development.
All common parts of the proposed Apartment buildings and, the durability and performance of these are designed and specified in accordance with Figure 4; Phases of the Life Cycle of BS7543; 2015. (Please see Appendix B for this figure). The common parts are designed to incorporate the guidance, best practice principles and mitigations of Annexes of BS 7543: 2015 including:	
Annex A Climatic Agents affecting     Durability	
Annex B Guidance on materials and durability	
Annex C Examples of UK material or component failures	
Annex D Design Life Data sheets	



The architectural approach to the scheme proposed the extensive use of robust materials of brickwork (predominately) and render to the building envelope. The façade materials will consist also in zinc cladding system, pressed metal and stone to frame certain elements.







These traditional materials will require minimal on-going maintenance and have a longer life-cycle expectancy.

Use of factory finished and alu clad or uPVC windows and doors, and powder coated steel balconies

Requires no on-going maintenance.

## 2.3. Landscape

Measure	Description	Benefit
Site Planning	Generous and high-quality landscape with ecological corridors designed within the proposed development. Pedestrians prioritized over the car. Significant tree planting and soft landscaping within courtyards and public spaces.	Natural attenuation and landscape maintenance preferable
Green Roofs	Use of green roofs and traditional roof coverings with robust and proven detailing to roof elements.	Attenuation reduces the burden on vulnerable rainwater goods, resulting in fewer elements that could require replacement or repair.
Paving Materials	Use of robust materials with high slip resistance to be used for paving. Durable and robust equipment (e.g. play, exercise, fencing etc.) to be used throughout.	Required ongoing maintenance significantly reduced through use of robust materials installed with proven details.



Planting	Proven trees staking details. Shrub, hedging, herbaceous and lawn installation	Correctly installed planting will
details	planting details provided.	develop into well established
		and robust soft landscape
		reducing future maintenance.

## 2.4. Waste Management

The following measures illustrate the intentions for the management of Waste.

Measure	Description	Benefit
Construction and Demolition Waste Management Plan	Details regarding Construction and Demolition Waste Management Plan prepared by Traynor Environmental Ltd.	The Construction and Demolition Waste Management Plan demonstrates how the scheme has been designed to comply with best practice.
Operational Waste Management Plan	The application is accompanied by an Operational Waste Management Plan prepared by Traynor Environmental Ltd.	The report demonstrates how the scheme has been designed to comply with best practice.
Storage of Non- Recyclable Waste and Recyclable Household Waste	Residential waste storage allows for a weekly (seven day) storage capacity for MDR, food, glass and residual (i.e. nonrecyclable). Residential bins will be provided within dedicated storage rooms within the core of each residential block.	Easily accessible by all residents and minimises potential littering of the scheme
	Domestic waste management strategy: Grey, Brown and Green bin distinction. Competitive tender for waste management collection.	Helps reduce potential waste charges.
Composting	Organic waste bins to be provided throughout.	Helps reduce potential waste charges.

## 2.5. Health & Well Being

The following are illustrations of how the health and well-being of future residents are considered.

Measure	Description	Benefit	
Natural / Day Light	The design, separation distances and layout of the apartment blocks have been designed to optimize the ingress of natural daylight/ sunlight to the proposed dwellings to provide good levels of natural light.	Reduces reliance on artificial lighting thereby reducing costs.	
Accessibility	All units will comply with the requirements of Part M/K and a universal access statement is provided within the design statement of this submission.	Reduces the level of adaptation, and associated costs, potentially necessitated by residents' future circumstances.	
Security	The scheme is designed to incorporate passive surveillance with the following security strategies likely to be adopted:  CCTV monitoring details Car registration recognition at entrance gate of basement parking area. Secure bicycle stands – covered by CCTV	Help to reduce potential security/management costs.	



Measure	Description	Benefit
	Routine access fob audits	
Natural Amenity	Large public areas of open space are evenly distributed throughout the site where they can be overlooked by surrounding residential units.	Proximity and use of parks promotes a healthy lifestyle

## 2.6. Management

Consideration has been given to the ensuring the homeowners have a clear understanding of their property

Measure		Description	Benefit
Home Guide	User	Once a purchaser completes their sale, a homeowner box will be provided which will include:	Residents are as informed as possible so that any issues can be addressed in a timely and efficient manner.
		<ul> <li>Homeowner manual – this will provide important information for the purchaser on details of their new property. It typically includes details of the property such as MPRN and GPRN, Information in relation to connect with utilities and communication providers, Contact details for all relevant suppliers and User Instructions for appliances and devices in the property.</li> <li>A Residents Pack prepared by the OMC which will typically provide information on contact details for the Managing agent, emergency contact information, transport links in the area and a clear set of rules and regulations.</li> </ul>	

## 2.7. Transport

Measure	Measure Description	Benefit
Access to Public Transport (Bus	Numbers 42 and 43 Dublin Bus routes travel along the R107	The availability,
Services)	Malahide Road approximately 1.1km to the west of the	proximity and ease of
	subject site. Route numbers 15, 27 & 27X travel along the	access to public
	R139 approximately 540m to the south of the subject site. In	transport services
	addition, route number 29a travels along R809 Grange Road	contributes to reducing
	approximately 1.1km to the south of the subject site. Services	the reliance on the
	are daily offer relatively frequent services (i.e. every 10	private motor vehicle
	minutes at peak times).	for all journey types.
Access to Public Transport (DART)	Clongriffin Rail Station is located approximately 1.4km east of	The DART provides an
	the subject site on Station Way. Dart services	alternative high
	(Bray/Greystones and Malahide) call at Clongriffin Station	frequency public
	with regular services throughout the day. The Dublin Pearse	transport option to the
	to Drogheda/Dundalk rail service also calls at this station.	bus for commuting to
		the city centre. The
		availability, proximity
		and ease of access to
		high quality public
		transport services
		contributes to reducing
		the reliance on the
		private motor vehicle



		for all journey types.
Permeable Connections	Provision and subsequent maintenance of dedicated pedestrian and cycle infrastructure along Mayne River Linear Park. Permeable connections through the blocks to connect to the wider network of pedestrian and cycle infrastructure.	Ensure the long-term attractiveness of walking and cycling to a range of local education, retail and community facilities and services.
Bicycle Storage	The provision of high quality secure and sheltered bicycle parking facilities, for both short term and long-term parking requirements.	Accommodates the uptake of cycling and reducing the reliance on the private motor vehicle.
E-car Facilities	Ducting will be provided from a local landlord distribution board to designated E-car charging car park spaces.	To accommodate the growing demand for E-car which assist in decarbonising society and reducing oil dependency.



## **APPENDIX A:**

#### ITEMS INCLUDED IN A TYPICAL BIF

The BIF table below illustrates what would be incorporated for the calculation of a Sinking Fund.

	BUILDING INVESTMENT FUND (SINKING FUND) CALCULATIONS		
Ref	Element	Life Expectancy	Amount
1.00	Roofs		
1.01	Replacement felt roof covering incl. insulation to main roofs/ overhaul to green roofs.	18	
1.02	Replacement parapet details	18	
1.03	Replacement/ repairs to facias	18	
1.04	Replace roof access hatches	25	
1.05	Specialist Roof Systems - Fall arrest	25	
1.06	Overhaul waterproofing details to penthouse paved areas	12	
2.00	Elevations		
2.01	Recoat metal panels to penthouse apartments	25	
2.02	Minor repairs and preparation for decorations of rendered areas	18	
2.03	Replace exit/ entrance doors	25	
2.04	Replace Rainwater goods	25	
2.05	Recoat powder coated Finishes to balconies / Grills to Basement vents	20	
2.06	Periodic replacement and overhauling of external fixings	5	
2.07	Replace Balcony floor finishes	25	
3.00	Stair cores & lobbies (3No. Cores)		
3.01	Decorate Ceilings	7	



3.02	Decorate Walls	7	
3.03	Decorate Joinery	7	
3.04	Replace fire doors	25	
3.05	Replace carpets (stairwells & lobbies)	12	
3.06	Replace entrance mats	10	
3.07	Replace nosing's	12	
3.08	Replace ceramic floors tiles Entrance lobbies	20	
3.09	Fixed Furniture & Equipment - Provisional Sum	18	
4.00	Basement & Car Parking		
4.01	Remove/ Replace ceiling insulation	25	
4.02	Repaint parking spaces & Numbering	7	
4.03	Replace store doors, ironmongery & digi-locks	15	
4.04	Replace Bike stands	25	
4.05	Replace basement access control at entrance & core entrances	12	
5.00	M&E Services		
5.01	General - Internal re-lamping	7	
5.02	Replace Internal light fittings	18	
5.03	Replace External light fittings (lights at entrance lobbies)	18	
5.04	Replace smoke detector heads	18	
5.05	Replace manual break glass units/ disabled refuge call points	18	
5.06	Replace Fire alarm panel	18	
5.07	Replace lift car and controls	25	
5.08	Replace AOV's	25	
5.08	Replace security access control installation	15	
5.09	Sump pumps replacement	15	
5.10	External Mains Water connection	20	
5.12	Electrical Mains and Sub Mains distribution	20	

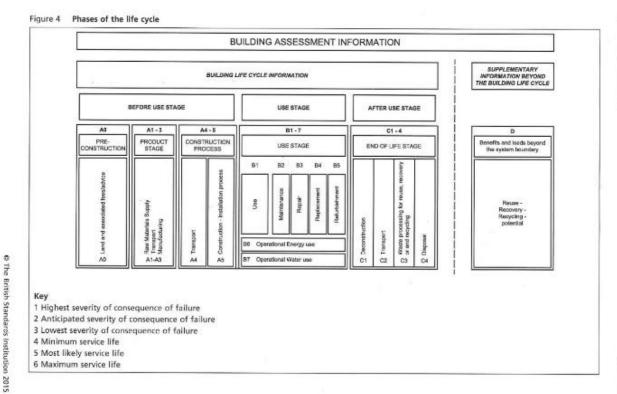


5.13	Emergency Lighting	20	
5.14	Overhaul and/or replace Waste Pipes, Stacks & Vents	20	
6.00	Exterior		
	External boundary treatments - Recoat powder coated		
6.01	Finishes to railings	60	
6.02	Replace external signage	18	
6.03	Replace cobblelock areas	18	
	15-year cutback & thinning of trees. Overhaul		
6.04	landscaping generally	20	
6.05	Replace CCTV provision	12	
6.06	External Handrails and balustrade	18	



## **APPENDIX B:**

## Phases of the Life Cycle of BS7543; 2015



BS 7543:2015

BRITISH STANDARD